Powerful Movement of Educated Sisters (PMES) is a student organization seeking to unify and support black women through scholarship and community involvement, PMES includes a solid network of women who share the same passion towards education, professionalism, and promoting academic and personal growth.

"LIFTING AS WE CLIMB"
Middle School Mentoring Program (Sister 2 Sister)

Sister 2 Sister is designed to give young black girls the opportunity to express themselves in an environment where intellectual, social, and cultural growth is promoted. The activities and workshops are created to guide and uplift young black girls towards self-empowerment. Principles of self-respect, pride, and character building are established through weekly discussions. Girls also learn the importance of community service through projects aimed to give back to the community.

High School Professional Development Workshops

The purpose of our High School Professional Development Workshops is to create a pathway for high school juniors and seniors to successfully transition into college. Workshops are designed to build professional and social development. Other workshops will include interview etiquette/professional behavior, resume building/networking, and financial aid planning/scholarship opportunities.

Prom Project

The Prom Project provides two deserving high school seniors with an unforgettable prom experience. Applicants will be selected based on need and merit. Our hopes are to include a prom dress, salon experience, and dinner.

Annual Scholarship Brunch

The Annual Scholarship Brunch will be held in April and will encompass the accomplishments of the entire year. Participants in the High School Professional Development Workshops and Prom Project will be invited to celebrate their achievements. Two scholarships will be given to outstanding high school seniors that exemplify the organization’s mission and values. Members in the community, faculty at the University of New Mexico, and supporters of PMES will all be invited to share in this event.

Community Service Project

PMES plans to participate in Spring Storm at the University of New Mexico and support local food drives in the community. There is a committee within PMES dedicated to the search of community service projects that will offer opportunities for young women to be the change they wish to see in the world.

PMES Luncheons

PMES Luncheons celebrate and honor black history and culture. It is a chance for the community to come together and enjoy entertainment and discussions.
2011 Prom Project Application

Powerful Movement of Educated Sisters is a student organization that strives to empower, educate and uplift young women. We are a network of women who share the same passion towards professionalism, education, and community involvement. Every year we choose a young lady based on her academic performance and her extracurricular activities. PMES covers the following expenses for prom: Dress, shoes, hair/makeup, prom ticket and dinner for her and her date. This year we are partnering with the gentlemen of Alpha Phi Alpha Fraternity Incorporated who will cover the expenses of the chosen applicants prom date. The males expenses include: Tuxedo, shoes,corsage, hair, prom ticket and dinner.

Name:
Age:
Race/Ethnicity:
Phone:
Classification:
GPA:
School:
Date of Prom:
List of extracurricular activities:


Type a 1-2 page paper about how PMES paying for your prom would be beneficial for you, in your paper include any future career goals and the importance of professionalism.
Powerful
Movement of
Educated Sisters

Please contact the following if you have questions:

Ife' Hampton
ihampton@unm.edu
(505) 652-0909

Deanna Tompkins
dtompkin@unm.edu
(720) 365-2119

Tia Lewis
Tia2039@unm.edu
(405)474-8957