



# Building Bridges: Establishing Your Pack



**Advisor Institute | *Fall 2022***

September 28th - 1:00PM to 5:00PM

September 29th - 9:00AM to 1:00PM

# Welcome to the **Advisor Institute!**

On behalf of the Advisor Training and Education Committee, we would like to welcome you to the Fall 2022 Advisor Institute! We have an exciting program, which we hope will enable you to learn from one another, network, and develop your skills and knowledge.

To inform you of whether the conference sessions enhance your advising skills or contribute to remaining current in your advising practice, we have introduced colored brackets, [ ]. You can find these in the titles of each presentation.

## **Turquoise, [ ]**

Contributes to remaining current in my advising practice

## **Red, [ ]**















Enhances my advising skills

## **Legend of Symbols for Core Values and Advising Competencies**

To help guide your professional development, a key of symbols for the Core Values and the Advising Competencies are provided below. You will see some of these symbols next to each presentation to inform you which of the values and competencies the presentation fulfills. We hope you utilize this resource to guide your selection of topics at the Advisor Institute.

Presenters were requested to inform the committee which Values and Competencies were addressed in their Breakout Session. In instances where information from presenters were not supplied, the committee decided as a group which Values or Competencies the session addressed based on the proposal submission.

The **Core Values (CV)** are taken from the NACADA Statement of Core Values which “reflects the many cultural and educational contexts in which academic advising is practiced globally. These values apply to all who perform academic advising by any role, title, or position as educators at their institutions. While nations, institutions, and students will offer unique circumstances, the Core Values provide guidance to academic advisors in their professional lives. Academic advisors are committed to the students they advise, their institutions, their professional practice, and the broader advising and educational community.”

<b>Core Values</b>	<b>Advising Competencies</b>
 Caring	 Advising & Support
 Commitment	 Organization & Human Resources
 Empowerment	 Social Justice & Inclusion
 Integrity	 Student Learning & Development
 Respect	 Program Delivery & Management
 Inclusivity	 Communication
 Professionalism	 Crisis Management



## Kristina Yu

Associate Dean & Professor  
University College  
School of Architecture and Planning



Yu is an active educator, researcher and administrator with cross over responsibilities as Architect, Principal with the firm of McCLAIN+YU Architecture and Design.

She is keen to understand the student experience in all levels of the higher education environment. She is active in crafting design curricula, undergraduate curricula, and graduate professional curricula. Her roles in the university help to inform her role as an architect as she designs building with the kinds of spaces that lead to student success.

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## Asian American Pacific Islander Resource Center (AAPIRC)



The Asian American Pacific Islander Resource Center (AAPIRC) was established in the 2021-2022 school year. Our Ribbon Cutting Ceremony took place April 28<sup>th</sup>, 2022 to launch the celebration of AAPI Heritage Month in May. AAPIRC is the newest ethnic center at UNM. It is the result of a student-initiative that began in Fall 2019 and built momentum in Spring 2020 during the COVID-19 pandemic and rise of Asian hate crimes. AAPIRC builds a sense of belonging for AAPI students during their studies at the University of New Mexico. AAPIRC also seeks to provide culturally relevant programs and cultivate Asian American and Pacific Islander leaders within our communities. Designation of AAPI includes East Asian, Southeast Asian, Central Asian, South Asian, Pacific Islander, and Arab American students at UNM. Please join our newsletter listserv and find additional information at <http://aapirc.unm.edu> (still a work in progress).



# Advisor Institute

## Building Bridges: Establishing Your Pack Fall 2022 Schedule-At-A-Glance

### Day 1: Wednesday, September 28

1:00PM

**Pamela Agoyo & Jennifer Lucero**  
*Co-Dir, Univ. Advising Strategies*  
“The Value of Building Advising Bridges”

1:45PM

#### Breakout Session #1

- ◆ What does being a first-generation student mean at UNM?
  - ◆ Ten Steps for Success for Graduate Students
- ◆ What is URAD and Why Does it Matter to Advisors
- ◆ Teamwork: Advising for Study Abroad Success
- ◆ Knowing our Students: Using Institutional data and research for student support

2:30PM

- BREAK -

2:45PM

#### Employee Wellness

**Leah Adent | Health Education Consultant**  
- Stretch Break -

3:00PM

#### Student Panel

4:00PM

#### Explore Fair

5:00PM

Closing: Thank You

### Day 2: Thursday, September 29

9:00AM

**Dr. Cheek | Associate Provost**  
“The Transparent Systems We Need  
for Student Success”

9:45AM

**Kristina Yu | Associate Dean, Univ. College**  
**Farah Nousheen | Dir, AAPIRC**  
“Insights Into the AAPI Population on Campus”

- BREAK -

11:00PM

11:15AM

**Sarah E. Dominguez | Transfer Pathways Officer**  
“UNM Main Campus - Dual Credit Program:  
Overview & Updates to Advisement”

12:00PM

#### Employee Wellness

**Reed Vawter | Registered Dietitian**  
- Nutrition Break -

12:15PM

#### Breakout Session #2

- ◆ El Puente Research Fellowship: Transforming Academia to Work for Underserved Students?
- ◆ Graduate Advising: It Takes a Village
- ◆ AOP 101: Preparing students for an Accelerated Online Program Course
  - ◆ Squash the ANTS (Automatic Negative Thoughts)
- ◆ Cultivating Connection: Using Empathy and Curiosity to Build Meaningful Interactions

1:00PM

Closing: Thank You



## What does being a first-generation student mean at UNM?

- Dawn Blue Sky-Hill, Jose Villar

**Description:** What does being a first-generation student mean at UNM? This session highlights the term first-generation on campus and in general. We will review data driving higher education institutions to provide support for this population. Proactive measures and resources available will be shared. Understanding the first-generation experience and external barriers they encounter in pursuit of their degree will allow us to increase.



## Ten Steps for Success for Graduate Students

- Jairo Marshall

**Description:** Graduate students enter school expecting to learn content, but few realize that there is a “hidden curriculum” to navigate too. The following presentation draws on CTL’s experience to showcase ten steps toward self-reliance, stress reduction, and improved engagement within grad school. Advisors can utilize this material to effectively advise new/prospective grad students about the transition into grad school.



## What is URAD and Why Does it Matter to Advisors?

- Jennifer Payne

**Description:** Come learn about the new initiative, URAD (Undergraduate Research, Art & Design Network) at UNM and how advisors can collaborate to help undergraduates secure research experiences. We will discuss the value of undergraduate research, the workshops that URAD is offering this academic year, UNM’s undergraduate research conference (UROC) and the critical role that advisors play in exposing students to these opportunities.



## Teamwork: Advising for Study Abroad Success

- Sara Gutierrez, Todd Karr, Leanne Olana, Madde Lesnewich

**Description:** Together Academic Advisors and GEO can encourage students to take advantage of the opportunities available to them through higher education. In this session, through discussion, interactive activities, and polls, we all share information on the value of study abroad, discuss how to have initial conversations about study abroad with students, where to find resources, and advising tips specific to study abroad programming.



## Knowing our students: Using institutional and research for student support

- Stephanie Sanchez, Lacey Hites

**Description:** As the landscape of higher education continues to shift based upon changing demographics and contextualized needs, it is imperative that student support services draw upon existing institutional data sources to understand student experiences and address issues. As student facing personnel, student support staff are in a unique position to contribute to and apply institutional data and research.



## [El Puente Research Fellowship: Transforming Academia to Work for Underserved Students]

- Alejandro Mediaz Rivera, Natalia Toscano, Gustavo Garcia, Emily Castillo

**Description:** El Puente Research Fellowship, a program under El Centro de la Raza, fosters a unique intellectual community premised on incubating the brilliance of historically underserved students. This panel will provide best practices for advisors seeking to develop relationships with their students that prioritize culturally relevant & empowering mentoring philosophies, research, and holistic development



## [Graduate Advising: It Takes a Village]

- JJ Conn

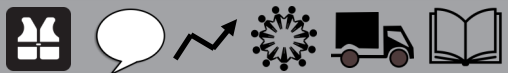
**Description:** There is no “how-to” for advising graduate students at UNM. Each college and department has its own approach and processes when working with graduate students. Have you wondered about others processes? Do you have a “hack” you would like to share with other graduate advisors? In this roundtable we will discuss graduate processes, graduate advisement problem areas, and foster communication between graduate advisors to share and explore graduate advising best practices.



## [Cultivating Connection: Using Empathy and Curiosity to Build Meaningful Interactions]

- Kate Williams

**Description:** In this presentation, we'll explore how balancing an approach of empathy and curiosity can help us look past assumptions and build meaningful connections for more impactful interactions, using strategies and tools to put into practice immediately.



## [AOP 101: Preparing students for an Accelerated Online Program, course]

- Eva Padilla

**Description:** What is an AOP? In this presentation we will explain what an Accelerated Online Program is, the purpose of AOP's, and how to prepare your students to take an AOP course. We will provide advisors with resources for students, compare and contrast AOP courses with Online Max courses, and provide advisors with the opportunity to ask any burning questions about AOP programs in general.



## [Squash the ANTS (Automatic Negative Thoughts)]

- Vanessa Roybal, Leah Adent

**Description:** Change your habits of thought to reduce your stress! Explore ways to convert your negative imagery into positive visions. In this class you will determine the species of your ANTS and how to reprogram them for a more stress-free outlook on both work and life!



A big thank you to the Advisor Training & Education Committee for their efforts and hard work:

- ◆ Shannon Saavedra
  - ◆ JJ Conn
- ◆ Kendrick Daly
  - ◆ Nita Kelly
- ◆ Sarah Peceny
  - ◆ Megan Speck
- ◆ Grace Willerton
- ◆ Krystal Zaragoza

Thank you Kristen Eads for putting together this Program

We appreciate all of our presenters and keynote speakers for donating their time, talents, and expertise.

Last, but not least, we thank you for joining us at the *Fall 2022 Advisor Institute*. We hope this experience was enriching, informational, and enlightening.

We hope to see you at the next Advisor Institute!

May 18, 2023

\*\* Subject to Change

