



# Resiliency in a Time of Uncertainty



## Advisor Institute

Fall 2021

September 29, 1:00 p.m.—5:00 p.m.

September 30, 9:00 a.m.— 1:00 p.m.

# Welcome to the **Advisor Institute!**

On behalf of the Advisor Training and Education Committee, we would like to welcome you to the Fall 2021 Advisor Institute! We have an exciting program, which we hope will enable you to learn from one another, network, and develop your skills and knowledge.

To inform you of whether the conference sessions enhance your advising skills or contribute to remaining current in your advising practice, we have introduced colored brackets, [ ]. You can find these in the titles of each presentation.

## **Turquoise, [ ]**

Contributes to remaining current in my advising practice

## **Red, [ ]**

Enhances my advising skills

### **Legend of Symbols for Core Values and Advising Competencies**















To help guide your professional development, a key of symbols for the Core Values and the Advising Competencies are provided below. You will see some of these symbols next to each presentation to inform you which of the values and competencies the presentation fulfills. We hope you utilize this resource to guide your selection of topics at the Advisor Institute.

Presenters were requested to inform the committee which Values and Competencies were addressed in their Breakout Session. In instances where information from presenters were not supplied, the committee decided as a group which Values or Competencies the session addressed based on the proposal submission.

The **Core Values (CV)** are taken from the NACADA Statement of Core Values which “reflects the many cultural and educational contexts in which academic advising is practiced globally.

These values apply to all who perform academic advising by any role, title, or position as educators at their institutions. While nations, institutions, and students will offer unique circumstances, the Core Values provide guidance to academic advisors in their professional lives. Academic advisors are committed to the students they advise, their institutions, their professional practice, and the broader advising and educational community.”

The **Advising Competencies (AC)** were authored by the Advisor Training and Education Committee utilizing resources from the NACADA Academic Advising Core Competencies, the NASPA Professional Competencies, and the NODA Core Competencies.

Core Values	Advising Competencies
 Caring	 Advising & Support
 Commitment	 Organization & Human Resources
 Empowerment	 Social Justice & Inclusion
 Integrity	 Student Learning & Development
 Respect	 Program Delivery & Management
 Inclusivity	 Communication
 Professionalism	 Crisis Management





# Advisor Institute | Resiliency in a Time of Uncertainty Fall 2021 Schedule-At-A-Glance

## Day 1: Wednesday, September 29

1:00 p.m.— 5:00 p.m.

1:00 p.m.

### Welcome

**[State of Advising]** - Laura Valdez

2:00 p.m.

**Employee Wellness** - Lauren Lewis

2:15 p.m.

### Breakout Session 1

**[Getting to Know & Learning from UNM'S 2-Year Partner Institutions]**

CNM | SFCC | SJC

3:00 p.m.

### Break

3:15 p.m.

### Breakout Session 2

♦ **[Developing Yourself and Others]**

♦ **[College Scheduler]**

♦ **[Becoming | Being Resilient: Lessons Learned from Stories of Resilience. How New Mexicans Faced the COVID-19 Pandemic]**

♦ **[Ever Wonder How Positive Psychology Can Help You Grow?]**

4:00 p.m.

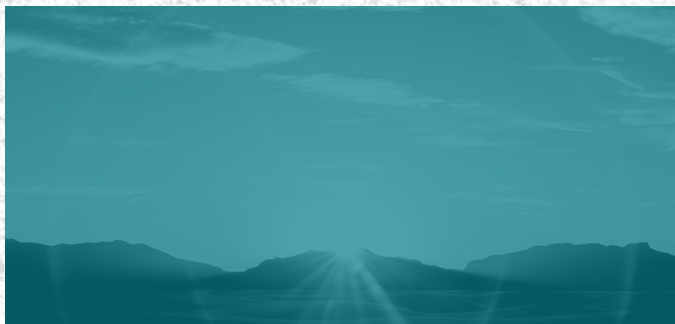
### **[Study Abroad Advising Overview]**

Annette Mares-Duran

4:15 p.m.

**[From Academia to State Government and Back: Navigating a Pandemic]**

Dr. Tracie Collins



## Day 2: Thursday, September 30

9:00 a.m.— 1:00 p.m.

9:00 a.m.

**[Advisor-Program Relationship]** - Dr. Pamela Cheek

9:45 a.m.

**[Empathic Listening Workshop]**

11:45 a.m.

**Employee Wellness** - Reed Vawter

12:00 p.m.

### Breakout Session 3

♦ **[Bad News Bearers]**

♦ **[When, Why, and How Academic Advisors Can Help Introduce Undergraduate Research Opportunities]**

♦ **[Lobo Course Placement: Lessons Learned]**

♦ **[Let's Talk Transfer!]**

12:45 p.m.

### Closing



*Schedule is subject to change*



**[Getting to Know & Learning from UNM'S 2-Year Partner Institutions]**

Central New Mexico Community College (CNM)

*Eric-Christopher Garcia, Academic Coach, Connect Services*

*LaToya Turner, Academic Coach, Connect Services*

*Teresa Billy, Academic Coach, Connect Services*

Santa Fe Community College (SFCC)

*Tammy Duran, Director of Advising & The First Year Experience*

*Cahalan Fiddes, Academic Advisor, School of Sciences, Health, Engineering, and Math*

San Juan Community College (SJC)

*Christy Ferrato, Senior Director, SJC Advising Center*

*Stephanie Doering, SJC Online Academic Advisor*

Description: Central New Mexico Community College (CNM), Santa Fe Community College (SFCC), and San Juan Community College (SJC) will provide an overview of their institution including what makes it unique with regard to student demographics, degrees offered based on communities' need, advising services, etc. In addition, each institution will also share some best practices that they have found to strengthen resiliency in their students to complete their associate degree and continue to a 4-year degree program. Time will be provided for questions.

**Day 1 - Breakout Session #2****3:15 p.m. – 4:00 p.m.****[Developing Yourself and Others]**

*Bonnie Minkus-Holmes, Sr. Employee & Organizational Development Consultant, EOD*

Description: Professional development/career growth are key drivers of employee engagement and retention. People want to be challenged and enhance their knowledge and skills. In this course, participants are introduced to the development process as a way to encourage development of their team. Development opportunities with the highest payoff solve a team or organizational problem or accomplish a team goal while allowing people to build their skills, knowledge and competencies.

**[College Scheduler]**

*Amber Trujillo McClure, Associate Registrar, Registrar's Office*

*Tanaya Brown, Operations Manager, Registrar's Office*

Description: Finding the perfect class schedule just got easier for incoming and returning Lobos. The UNM Office of Enrollment, Office of the Registrar and Information Technologies recently launched College Scheduler, a planning tool to help students build conflict-free schedules with just a few clicks of a button.

**[Becoming | Being Resilient: Lessons Learned from Stories of Resilience. How New Mexicans Faced the COVID-19 Pandemic]**

*Joni M. Palmer, PhD, Project Director, Southwest Environmental Finance Center, Project Advisor*

*James Foty, AICP, City of Albuquerque, Project Advisor*

*Abrianna Morales, Undergraduate Student, Psychology*

*Andy Gorvetzian, Graduate Student, Anthropology*

*Fiore Bran Aragon, Graduate Student, Latin American Studies*

*Mia Held, Graduate Student, Community & Regional Planning*

Description: Advisors have been on the front-line of student services for over a year during the COVID-19 pandemic. Our presentation will include information about the Stories of Resilience Project, lessons learned, and an opportunity for Advisors to share their own stories of resilience in helping UNM students to continue to be successful while balancing their own personal struggles and challenges.



**[Ever Wonder How Positive Psychology Can Help You Grow?]**

Tracey Briggs, Wellness Program Supervisor, HR Employee Wellness  
Tanya Kallan, Graduate Student, OILS & UNM Employee Wellness Intern

Description: Join Tracey and Tanya for an introduction to “Move from Surviving to Thriving: The Positive Psychology Workbook for Challenging Times” written by Dr. Bruce Smith, PhD. In this session, you will learn effective, research-based techniques for improving positive emotions, adopting a growth mindset and improving self-efficacy. You will leave with an understanding of how to apply the workbook in your everyday life.

**Day 2 - Breakout Session #3****12:00 p.m. – 12:45 p.m.****[Bad News Bearers]**

*Rachel Perovich, Sr. Academic Advisor, College of Fine Arts*

Description: Academic advisors often are the bearers of bad news: telling a student they're not graduating, aren't admitted to a program, or are on academic probation. This can take an emotional toll on both the advisor and the student. The aim of this session is to discuss strategies that can ease the blow for both parties involved. Topics to be discussed will include:

- Creating space
- Identity foreclosure
- The compassionate no
- Shifting from a judgement to a contribution mindset
- Why intentions both are and are not important
- Advisor self-care during fraught situations

This presentation will be largely in a lecture format, with some opportunities for discussion and self-reflection. The content is drawn from years of advising experiences and *Difficult Conversations: How to Discuss What Matters Most* (Stone et al., 2010).

**[When, Why, and How Academic Advisors Can Help Introduce Undergraduate Research Opportunities]**

*Alejandro Mendíaz-Rivera, Program Specialist, El Centro de la Raza*  
*Ricardo Romero, Director, McNair & ROP Scholars Program*  
*Dr. Tim Schroeder, Program Operations Director, Provost's Office*  
*Dr. Kiyoko Simmons, Administrative Coordinator, Mellon Mays Undergraduate Fellowship*

Description: As a R1 institution, UNM offers incredible opportunities for innovation and discovery. But, what is the role of Academic Advisement in promoting and preparing students to participate in such opportunities? A panel of representatives from different campus initiatives will briefly discuss their programs and facilitate an open discussion on when, why, and how advisors can help promote undergraduate involvement in research.

**[Lobo Course Placement: Lessons Learned]**

*Laura Valdez, Director, Office of Advising Strategies*  
*Cash Clifton, Academic Communities Foundational Math Coordinator, University College*  
*Ana Lombard, Program Specialist, Mathematics & Statistics*

Description: Amid the pandemic, six departments came together to develop a placement solution for first-year students. Time was the enemy since only seven months separated research and development from training and launch. The challenge was recreating decades worth of placement practices. The motivation was providing advisors and students with placement information. By end of summer 2021, the team had results, data, and a direction.

**[Let's Talk Transfer!]**

*Sarah E. Dominguez, Transfer & Articulation Officer, Office of Advising Strategies*

Description: This is an interactive session where you will have the chance to share with our new Transfer Articulation Officer your experience with transfer students. We'll discuss what you have seen work well and areas where you believe there could be some improvement. Bring your thinking caps and wish lists for transfers!





We appreciate and thank the Advisor Training & Education  
Committee for their hard work  
in developing the Advisor Institute:

Shannon Saavedra (Chair), Brian Baldonado,  
JJ Conn, Sarah E. Dominguez, Chris Larrañaga, Megan  
Speck, Daniel Begay, Sarah Peceny, and Grace Willerton.

Thank you to all of our presenters for  
donating your time and sharing  
your talents and expertise with us.

We also would like to thank Deyanira Nuñez for helping to  
design the Advisor Institute program.

Last, but not least, we thank you for joining us at the Fall  
2021 Advisor Institute. We hope this experience was  
enriching, informative, and enlightening.

We hope to see you at the next Advisor Institute!