Advising Theory and Approach for Freshman Advisement
ADVISING
Vincent Tinto (1993) outlined three stages students move through:

**Separation**
Moving away from home environment
Can be traumatic

**Transition**
May not feel like they belong in their old environment, but haven’t found their places in their new place

**Incorporation**
Have a membership in their social and academic communities.
Scholssberg, Lynch and Chickering

- Concentrates on students' needs to feel they matter and are appreciated.
- Students need support from peers, faculty, staff, and family if they are to succeed.
- Help students find networks that can help the student make connections that can support them.
Involvement Theory, Astin (1985)

Active in the collegiate experience

• Upcraft (1995) expanded on this theory when he stated 'The greater the quantity and quality of involvement, the more likely the student will succeed in college' (p.18).

• How to get students active

  ❖ Introduce students to different campus organizations

  ❖ What else?
Welcome Back Days are held during the first week of the school year and welcomes new and returning students to the university, and includes free food, entertainment, and information on the university's programs and organizations.

Homecoming Week is held each fall to welcome back alumni.
Red Rally is a large bonfire and rally held on the Thursday before the football match with UNM's rival New Mexico State University. During Red Rally, a large effigy of an Aggie, the mascot of NMSU, is burned to the ground.

The **Hanging of the Greens** is a celebration held in early December for the holiday season, when the campus is decorated with thousands of farolitos and a procession of carolers winds through the campus to the University House, which is opened for visitors and where cocoa and bizcochitos are served.
Lobo Day is a celebration for the founding date of the university on February 28, 1889. The tradition in recent years has included a large group photo of students taken in the Student Union Building, which is posted on a wall in the building.

UNM Fiestas are an end-of-the year celebration held in the spring which includes a community service event called Spring Storm and a large concert.
STUDENT ACTIVITIES

sororities

fraternities

student events

spirit events

student organizations
Hail to thee, New Mexico,  
The loyal sons are we.  
Marching down the field we go, Fighting for thee.

GO! FIGHT! WIN!

Now we pledge our faith to thee, Never shall we fail.

Fighting ever, yielding never.

HAIL! HAIL! HAIL!
WHY ARE STUDENTS DISAPPOINTED IN ADVISEMENT?

Academic Advisors have about ONE MILLION Advisees
And less than ten appointments a day.

ONE DOES NOT SIMPLY WALK IN TO SEE YOUR ACADEMIC ADVISOR
Students disappointments may be coming from a misunderstanding of the services advisors provide.

- We are not high school counselors who (who are certified counselors).
- We are not here to tell students exactly which courses to take. We are here to guide them through the resources they have available to them so that they can make an educated decision on which courses to take.
- Students often need to plan ahead to see us, especially during busy times.
- Let's add to this, what else do we do/ do not do?
THINGS TO REVIEW DURING ORIENTATION ADVISEMENT

✧ Overview of academic advising office, services provided, advising requirements, and appropriate contact information
✧ Introduction of academic advising and department/college personnel
✧ Calendar or timeline of academic advising activities with suggested times for advising interactions throughout the academic year
✧ Overview of general curriculum requirements, program requirements, program standards
✧ Expectations of students and academic advisors (academic advising syllabus)
✧ Information related to registration procedures
✧ Parent related issues such as: overview of the parent role and appropriate communication with advising offices that promote student success, strategies parents can use to support their student, confidentiality/FERPA, etc

http://www.nacada.ksu.edu/Resources/Clearinghouse/Ask-Article/Preparing-academic-advisors-for-orientation-programs.aspx#sthash.Cpf84LeX.dpuf
THEORY INTO PRACTICE
PRESCRIPTIVE ADVISING
Top-down approach
Hierarchical relationship
One-directional flow of information and ideas
The student as passive recipient

PRESCRIPTIVE

Take These Classes
Study this much
Connect with these resources
Come and see me if you have questions
DEVELOPMENTAL ADVISING
Burns B. Crookston first started writing about developmental academic advising in 1972.

Based on "the belief that the relationship itself is one in which the academic advisor and the student differentially engage in a series of developmental tasks."
Recognizes importance of interactions between the student and the campus environment

Focuses on the whole person, and it works with the student at that person's own life stage of development
STUDENT CENTERED ADVISING
Learning must be at the core of how a student-centered university defines advising.

Focus on learning outcomes, and have responsibilities for delivering programs and services in the learning environment.
* In this diagram, the small teacher acts as a facilitator or a guide for the students. Learning is multi-directional, which means, it occurs in all directions. This is what we call “active learning”.
ADVISING AS TEACHING
Effective Advisors

Possess accurate information about the policies, procedures, resources, and programs of their departments and institutions

Are well prepared for advising sessions

Provide timely feedback, reinforce learning that has taken place, and applaud student successes

Create a good learning climate within advising sessions

Project enthusiasm for their area of academic expertise and their advisory duties

Encourage advisees to become self-directed learners

Help advisees evaluate and re-evaluate their progress toward personal, educational, and career goals
### Effective Advisors

Model the tenets of the university, and demonstrate enthusiasm and knowledge about the goals and purposes of higher education

Help students gain self-understanding and self-acceptance

Communicate in a clear and unambiguous manner with advisees

Serve as catalysts by asking questions and initiating discussions

Listen carefully and constructively to advisees' messages

Provide a caring and personal relationship by exhibiting a positive attitude toward students, their goals, and their ability to learn

Provide accessible and responsive advising services
INTRUSIVE/PROACTIVE ADVISING
Intrusive advising is a direct response to identified academic crisis with a specific program of action.

It is a process of identifying students at crisis points and giving them the message.
STRENGTHS BASED ADVISING
Student motivation is a foundation of strengths-based advising which puts the focus on students’ possibilities and not on the students’ problems.
Support and help the Mentee to develop their knowledge, skills, thinking and behaviors and thus problem solving and performance.
HOLISTIC ADVISING
The whole is more than the sum of its parts.

- Aristotle

HOLISTIC ADVISING
LIFE LONG LEARNING
Malcolm Knowles defined Andragogy as the process of engaging adult learners in the structure of the learning experience.

- Adults need to be involved in the planning and evaluation of their instruction.
- Experience provides the basis for learning activities.
- Adults are most interested in learning subjects that have immediate relevance to their job or personal life.
CRITICAL COMPONENTS OF A SUCCESSFUL RELATIONSHIP

- Commitment
- Openness
- Encouragement
- Investing time
- Demonstrated interest

- Trust and confidentiality
- Clear objectives
- Developing a career path
- Feedback
- Questioning
We’re all in for the Students